



## Newsletter 18 Term 4 Week 5

**9 November 2022**

Dear Parents and Caregivers,

It has been another busy fortnight as you will read below, including an important focus on the academic progress of the children in the main areas of Literacy and Numeracy with standardised tests completed throughout the school, as we prepare to finalise our results culminating in the semester reports being distributed early December.

### **World Teacher's Day**

Enormous thanks to everyone in our community for showing their appreciation towards the staff at Good Shepherd and the work they do by making them feel special back on Friday 28<sup>th</sup> October. The leadership from the P&F by organising the coffee van and the staff morning tea along with some small gifts and messages from families was very much appreciated.

### **Music Night**

Two weeks ago at the Performing Arts Centre at Lumen Christi, we experienced the biggest highlight of 2022. Our community celebrated the talents of the children in Years 3-6 as they performed in class groups, ensemble groups and solo performances. What a wonderful finale with 13 of our Year 6 students who sang solo with a microphone in their hand as part of the medley to conclude the evening. It was a wonderful reflection of the musical talents that have been fostered in our school and also the beautiful culture of young people feeling comfortable to perform in front of hundreds of people. Enormous thanks and congratulations again to Diana Newman for sharing her talents and skills with the children to bring out the very best in them.

### **Uniform Concerns**

We have a number of children from Years 1-6 coming to school at the moment wearing incorrect shoes with their summer uniform. I would like to clarify the need for children to wear black school shoes which are leather or leather look-a-like shoes. There are some types of sport shoes that are acceptable as the leather look-a-like shoes, but the "black mesh" sport shoe are not appropriate shoes to be worn with the summer uniform. I ask parents for their support and vigilance with this and wanted to clarify as we plan for the new school year, with parents purchasing new shoes etc.

### **Top Court Development completed**

Our top court development has finally been completed and looks really good. The children seem pretty excited about the new court and have been describing how "soft" the concrete seems underfoot. I am not sure if it is very soft, but certainly a smoother, more comfortable surface than the old asphalt. Thanks again to the P&F for providing \$30K towards this project to enable us to provide this new surface for the children.

### **Cyber Safety Evening**

Tomorrow our Year 5 and 6 students will spend an hour with WA's Cyber Safety expert, Paul Litherland who will explain to the children some of the dangers on-line and provide some strategies to ensure they are more responsible users of technology. With the background gained in the morning with the children, Paul will be addressing the parents between 6pm and 7pm in Ward House, followed by a question and answer session and some refreshments to provide attendees to continue conversations in an informal environment. The presentation will be more pertinent for the parents of children in Years 4-6 with the rate at which the technology landscape changes, but all parents will find the information shared both interesting and useful. Everyone is encouraged to attend.

### **Sports Carnivals**

With a strong focus on building our sporting skills and fitness levels in the children at GSK the two carnivals many of the children participated in last week had a positive impact on building experiences in strong competitive environments. Our team performance at the Interschool Athletics Carnival on Tuesday last week

was a far more competitive effort than last year which was good.

At the Swimming Carnival, the children from Years 1-6 participated in last Friday also gave the children at our school the opportunity to compete in competitive swimming events which will contribute to further developing their skills in this area. Congratulations to everyone involved.

### **Science week**

Our school community has been immersed in a range of extra Science activities for the children as we celebrate Science Week including:

- Visits from Farmer Damian with a range of farm animals on Monday 7<sup>th</sup> November and Friday 11<sup>th</sup> November out on our school oval.
- Buddy Lessons on Tuesday 8<sup>th</sup> November and Wednesday 9<sup>th</sup> November where the children completed a range of activities together in the STEM room including making Lava Lamps.
- Scitech visit on Friday 11<sup>th</sup> November where the children will enjoy the Spacedome Show and Spacedome workshop. Scitech will also be returning on Wednesday 23<sup>rd</sup> November to ensure all classes can enjoy their Spacedome activities.
- There is also a range of lunch time challenges for the children throughout the week including: Periodic Table Song contest, Paper Plane flying competition and a Kahoot Quiz.
- The children are encouraged to dress up for STEM week tomorrow as well.

I would like to extend my thanks and appreciation to Kristy Maher for designing and/or coordinating these STEM activities for the children as we increase the profile of STEM throughout the school and ensure the children enjoy their learning.

### **Remembrance Day**

This Friday is an important day on our calendar where we guide the children through a short ceremony of reflection where we acknowledge the people who have gone before us to fight for our country and contributed to the freedom with which we live here in Australia. Aside from the whole school ceremony shortly after

the recess bell, I will be joined by 3 student leaders as we travel to Araluen to form part of a community commemoration.

### **Dads of GSK Camp Out**

There are many families in our community looking forward to the annual “Dads of GSK Camp Out” this weekend. This unique experience for the children and their fathers, grandfathers and father figures begins at 4pm on Saturday 12<sup>th</sup> November and concludes on Sunday 13<sup>th</sup> November at 10am. The children will be participating in a range of activities during their time here at school, camping on the oval. It also gives the fathers, grandfathers and father figures the opportunity to spend concentrated time together to build connections. Thanks again to Dylan Teicher and Matt Hyland for coordinating this experience for the families in our community.

### **Planning for 2023**

Our focus and energy at the moment is certainly on finishing off the 2022 school year as well as we possibly can, but we also need “one eye” on the preparation for 2023. A few things to share with you include:

- **School Fees for 2023** - we have worked through a process in consultation with the School Advisory Council to reduce our school fees by just over 10% as we prepare for the 2023 school year. Our challenge is to ensure that we do not compromise the availability of human resources and programs for the children as we provide some financial relief for all families at a time when inflation rates and interests rates are increasing, putting financial pressure on households. This process will be revisited in 12 months time to explore the potential to provide more relief for families, again, without compromising what we can offer.
- **Instrumental Music Opportunities** - the Principal of Lumen Christi met with me a few months ago to suggest the College could no longer support the instrumental program at Good Shepherd from Year 1-6. I was able to negotiate the children in Years 3-6 still being able to participate. Diana Newman and I are putting together a plan to provide the Year 1

and 2 children at our school to have access to a piano teacher prior to the traditional instrumental opportunities being available from Year 3. These changes will take place from the start of 2023.

- **Mindfulness Program** – following our “pilot” program with the Year 1’s and 5’s, I am pleased to announce that all classes from Years 1-6 will participate in 8 X 40 minute lessons of Mindfulness with a qualified teacher in Term 2, 2023. This program engages the children in activities and explicitly teaches the children to ensure they can identify their emotions and regulate their responses to these emotions through mindfulness movement, breathing exercises etc in a reflective, contemplative environment.

### Catholic Day

Finally, a reminder that this Monday, 14<sup>th</sup> November, we celebrate Catholic Day in our community and there will be no-one here at school for the day, effectively a long weekend for the staff and students.

Best wishes for the coming fortnight.

Paul Hansen

Principal

**Faction Swimming Carnival - 2022**




**Forrest** 639

**Ward** 351

**Canning** 328

**Xavier** 244





Champion Boy			Champion Girl		
Year	Champion	R/Up	Year	Champion	R/Up
3	Finn	Preston	3	Ivy	Emma
4	Duke	Beau	4	Alessandra	Kaitlyn
5	Blaine	Kian	5	Emily	Skye
6	Blake W	Jasper	6	Alessia	Olivia










## CALENDAR OF EVENTS

**Thursday, 10 November** - Paul Litherland - Cyber Safety Session 6.00-7.30pm

**Thursday, 10 November** - STEM Week Dress-up Day

**Friday, 11 November** - Remembrance Day

**Monday, 14 November** - Catholic Day - No staff or Pupils

**Thursday, 17 November** - Year 1 Liturgy  
9.00am, Instrumental Showcase Concerts - 1.30pm and 6.00pm in Ward House

**Friday, 18 November** - PP Assembly 2.00pm

**Monday, 21 November** - Kindy 2023 Orientation  
Session 3-4PM - Creche available

[Click for the Current Term Calendar](#)



[Term 4 2022 Canteen Roster](#)

[Canteen Menu](#)

## **CANTEEN**

**Thank you to all the parent volunteers who help in the canteen. Your support is greatly appreciated.**

**Wendy, Canteen Manager**

[Order Canteen Here](#)



2 November 2022

#### END OF YEAR FUNCTIONS 2022

Please find listed below the details for several functions that are occurring before the end of the year. We look forward to sharing these special occasions with you.

##### Instrumental Showcase Concerts

Date: **Thursday 17, November 2022** Performance for parents and friends.  
Time: **1.30pm** – Students in Pre-Primary, Years 1,2,3  
**6.00pm** – Students in Years 4,5,6.  
Families with multiple performers will be invited to adjust their performance times so that they only need to attend one performance.  
Where: Ward House – Good Shepherd School.  
Performers: All students who learn an instrument through the Lumen Christi Instrumental Program.  
Dress: Years 1 – 6, summer uniform.  
Pre-Primary – sports uniform

##### School and Parish Christmas Picnic

Date: **Friday, 2 December 2022**  
Time: 6.00pm  
Participants: The whole school community is invited to attend.  
Years 1 – 6 will be performing.  
Where: Good Shepherd Church, Streich Avenue Kelmscott  
Dress: Year 1 – 6 performers: free dress that reflects the spirit of Christmas.  
Bring: Picnic dinner, picnic rug or folding chairs.  
  
*Families are invited to bring along a Christmas gift for a child to give to the Three Wise Men. The gifts will be donated to St Vinnies to support local families in need at Christmas*

##### Kindy- Year 3 Christmas Celebration

Date: **Wednesday, 7 December 2022:** Performance for parents and friends.  
Time: 9.30am  
Where: Undercover Area.  
Performers: All students in Kindergarten, Pre-Primary, Years 1, 2, 3.  
Dress: Costumes will be provided for all students.  
**Year 1 - 3 are requested to please wear sports uniform**

##### Thanksgiving Mass

Date: **Thursday, 8 December 2022**  
Time: 9.30am  
Participants: All students, Pre-Primary – Year 6 and families.  
Where: Good Shepherd Church, Streich Avenue Kelmscott  
Dress: Full summer uniform

##### Final Assembly

(Including the Year 2 & Year 6 Buddy Dance, 2022 Year Six Awards, 2023 Student Leadership Announcements)  
Date: **Friday, 9 December 2022** (last day of school)  
Time: 9.00am  
Where: Undercover Area  
The assembly will include the Year Two and Year Six Buddy Dance, the Year Six presentation of the "Reindeer Rap", announcement of 2022 Year Six awards and 2023 Leadership roles

15 Arbuthnot Street, Kelmscott WA 6111  
Tel: (08) 9496 9200 Email: [admin@ask.wa.edu.au](mailto:admin@ask.wa.edu.au) Website: [www.gsk.wa.edu.au](http://www.gsk.wa.edu.au)

**Music Night Photos**

## St Vincent de Paul Christmas Hamper Appeal

Dear Parents,

As Christmas is fast approaching, it is time to think of those less fortunate than ourselves.

This year we are again able to donate food for the Annual St Vincent de Paul Christmas Hamper appeal.

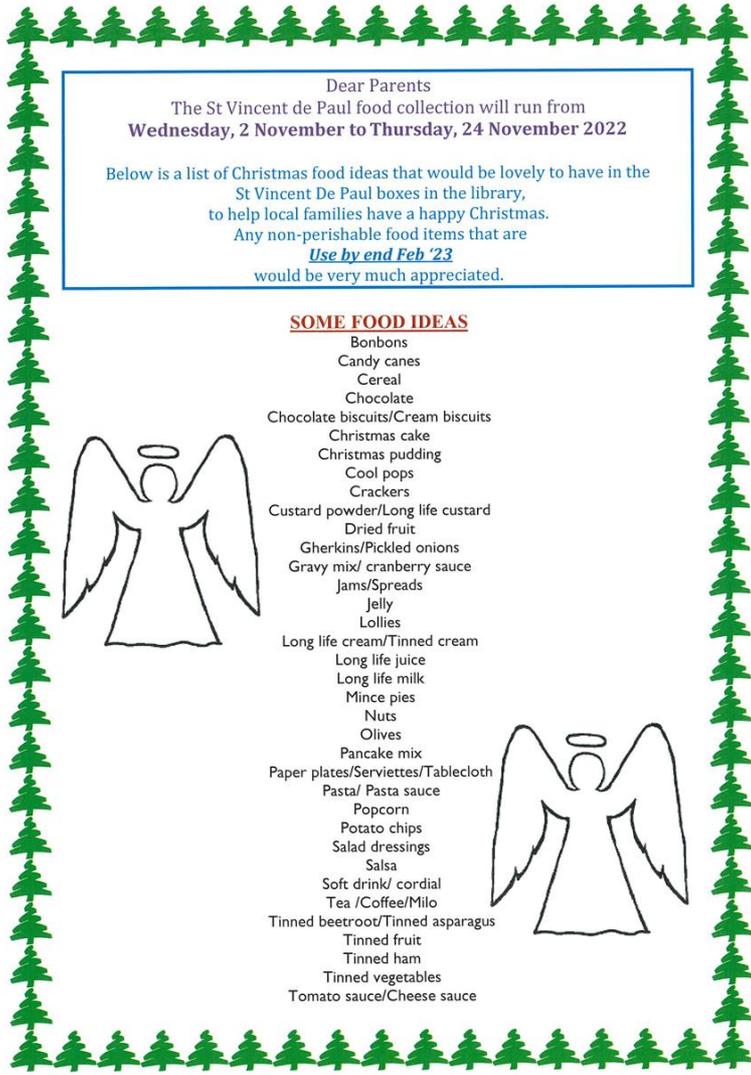
*All food collected will go to families in our local community.*

A suggested food list is included in this newsletter.

We ask for a donation from each family. Any non-perishable food item that is within its use by date (*Expiry February 2023*) can be placed in the basket in the classroom.

All food will be collected into the library foyer.

*The Christmas Hamper Appeal will run from Wednesday, 2 November to Thursday, 24 November 2022.*

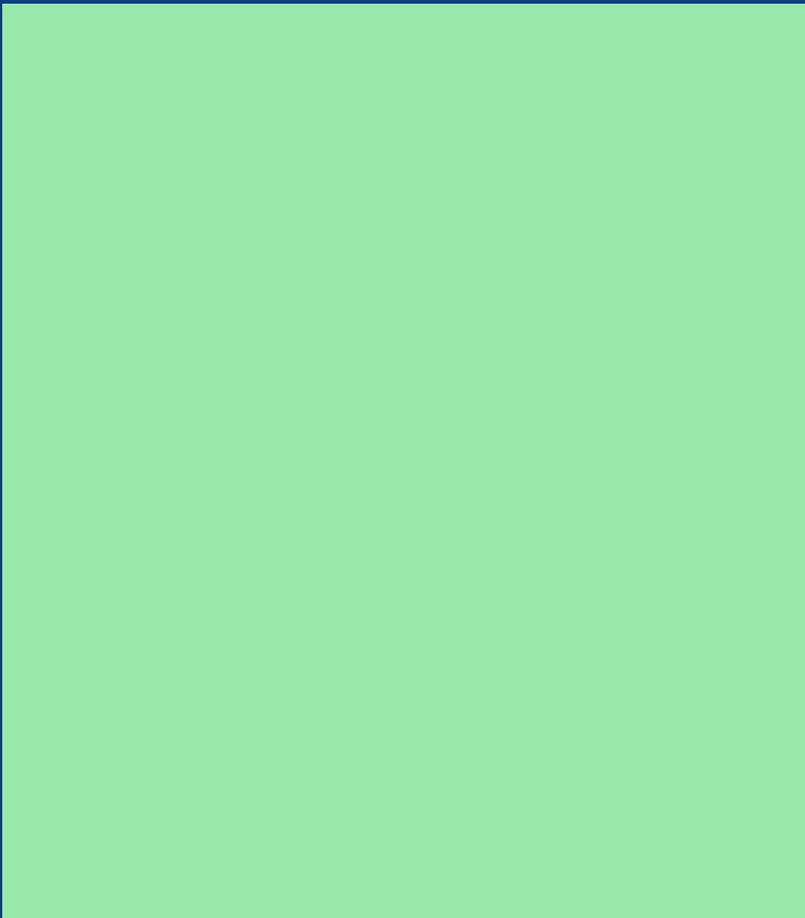


Dear Parents  
 The St Vincent de Paul food collection will run from  
**Wednesday, 2 November to Thursday, 24 November 2022**

Below is a list of Christmas food ideas that would be lovely to have in the  
 St Vincent De Paul boxes in the library,  
 to help local families have a happy Christmas.  
 Any non-perishable food items that are  
**Use by end Feb '23**  
 would be very much appreciated.

**SOME FOOD IDEAS**

- Bonbons
- Candy canes
- Cereal
- Chocolate
- Chocolate biscuits/Cream biscuits
- Christmas cake
- Christmas pudding
- Cool pops
- Crackers
- Custard powder/Long life custard
- Dried fruit
- Gherkins/Pickled onions
- Gravy mix/ cranberry sauce
- Jams/Spreads
- Jelly
- Lollies
- Long life cream/Tinned cream
- Long life juice
- Long life milk
- Mince pies
- Nuts
- Olives
- Pancake mix
- Paper plates/Serviettes/Tablecloth
- Pasta/ Pasta sauce
- Popcorn
- Potato chips
- Salad dressings
- Salsa
- Soft drink/ cordial
- Tea /Coffee/Milo
- Tinned beetroot/Tinned asparagus
- Tinned fruit
- Tinned ham
- Tinned vegetables
- Tomato sauce/Cheese sauce





## ***Good Shepherd Parish & School Christmas Picnic***

**When:** *Friday, 2 December 2022*  
**Time:** *6.00 - 8.00pm*  
**Where:** *Good Shepherd Parish  
44 Streich Ave, Kelmscott*

*We will be having a picnic on the grass, please bring rugs and chairs. You can BYO your own picnic or there will be food for sale on the night.*

*Highlights of the evening include a pantomime/nativity play, music and... prepare yourself for the finest in entertainment as the School Band performs and you are stunned by the unique vocal talents of the students!*

**All students from Years 1- 6 will be performing.**

*Families are invited to bring a gift, marked with age and gender, to donate to a child in need.*



***Special Guest Appearance from the Three Wise Men***

## **Enrolments 2023**

If you are seeking a place for your child in Kindergarten 2023 or know someone that would be interested in sending their child to GSK, please contact the office for an enrolment pack or consult our website. **Families with siblings are also required to submit an enrolment form.** Interviews will take place this term.

**Enrolments in other Year groups are also available**

**Your child's journey starts HERE**



## Camp Australia - Before and After School Care

### Bookings for 2022

**Bookings for Your OSHC program are open.**

**Registration is free** for all families. We recommend that all families register so if you ever need or want to attend, all you need to do is book your session as we'll already have all the documentation we need from you.

You simply have to login and register through our [Parent Portal](#), also available as a smartphone app, and start booking.

[Camp Australia Information](#)

Newsletter

# Upcoming incursion:

## Fitkids

Wednesday afternoons 9<sup>th</sup> November – 30<sup>th</sup> November

Come along and join us for a fun and engaging incursion in After School Care at Good Shepherd Catholic Primary School Kelmscott. Joining us for 4 Wednesday afternoons from 9<sup>th</sup> November will be **Fitkids** bringing their awesome **sports incursion**, for all children to enjoy!

To enrol your child into the incursion at no extra charge than their regular session fee, make sure you book the After School Care program on Wednesday afternoons 9<sup>th</sup> – 30<sup>th</sup> November.

Book now from your Parent Portal

### Register for Your OSHC

Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.

Register now



### Child Care Subsidy (CCS)

The Child Care Subsidy can provide up to 85% off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level. To find out if you're eligible, contact Centrelink on 13 61 50.

Register free and book now at [www.campastralia.com.au](http://www.campastralia.com.au)

by  Camp  
Australia

**BAM!** YOU HAVE THE POWER TO DO **POW!**  
**SUPER THINGS**  
FOR THE KIDS AT GOOD SHEPHERD  
**BY JOINING THE P&F!**

**1. JOIN THE P&F**  
BY JOINING THE P&F YOU ARE ADVOCATING ON BEHALF OF ALL CHILDREN, INCLUDING YOUR OWN! WE ARE LOOKING FOR:  
A PRESIDENT & 2023 CLASS REPS

**2. VOLUNTEER**  
THERE'S SO MUCH WE CAN DO TOGETHER! EVEN JUST ONE HOUR OF YOUR TIME IS TRULY VALUABLE AND APPRECIATED. BRING A FRIEND AND MEET NEW FRIENDS!

**3. DONATE**  
ANY AMOUNT OF GIFTS YOU CAN GIVE HELPS! EVERY SINGLE DOLLAR WE RAISE GOES INTO PROGRAMS AND SERVICES FOR OUR KIDS!

FOR MORE INFORMATION, TO DONATE, OR SIGNUP TO VOLUNTEER PLEASE CONTACT [CLASS PAREN REP OR ADMIN@GSK.WA.EDU.AU](mailto:CLASS_PAREN_REP_OR_ADMIN@GSK.WA.EDU.AU)

## Uniform Shop 2022

### Opening Hours

Monday afternoon 2.00 - 3.00pm

Friday morning 8.00 - 9.00am

[Click here for the Uniform Policy](#)

## School Fees

Please direct any enquiries to the accounts  
email: [accounts@gsk.wa.edu.au](mailto:accounts@gsk.wa.edu.au) or call 9496  
9200 Option 3

Lee Maxfield - Finance Officer



## The Important Role of Father Figures and Male Role Models

A father figure can be any positive male role model in a child's life. They can be sports coaches, teachers, uncles, grandparents or even your child's friend's dad.

Finding balance in every aspect of your life is key to your wellbeing and living a happy and fulfilling life.

This is especially important when it comes to work life balance. Taking time to reflect on how you can make it happen when you're a dad is important for yourself, your kids and family.

Research shows 85% of dads aspire to fully share parenting with their spouses, however only 30% report that they actually get to do this.

Making changes to your work may not yet be possible, but it's worth thinking about how you might aim to adjust or negotiate your work to be more flexible in the future.

### Top Tips to help you reflect

- 1. Your children are only young once.** Remember that work will always be there, but time flies and your children grow quickly.
- 2. Put family first.** Whenever there is a clash between work and family, family comes first.
- 3. Be a good role model.** You are an important role model for their work ethic in the future, and also for their work-life balance. Consider the example you are setting for your kids.

# Lumen Christi College - Instrumental Program

For information and enrolment, please click on the button below

[Lumen Christi Instrumental Program](#)

## Community News

**Spartans Little Athletics** - [2022/23 Season](#)

**WA Young Salesian** - [Summer 2023 Camp](#)

**VacSwim** - [Summer Enrolments](#)

**WA Perinatal Health & Wellbeing** - [Wheelie Good Dads Free Event](#)

**Carey Baptist College** - [Year 5 GATE Program Scholarships](#)

**Araluen Botanical Park** - [Candles by Candlelight](#)

**Armadale Kelmscott Swimming Club** - [DIVE & TRY](#)



**Good Shepherd Catholic Parish Kelmscott - Fr Pavol Herda**

**Parish Website:** [www.goodshepherdkelmscott.com](http://www.goodshepherdkelmscott.com)

**Phone:** 9495 1489 (Office Wed-Fri)

**Masses at our Parish Church**

**Weekday Masses: Mon-Wed & Friday 8am, Thursday: 6.30pm**

**Saturday: 8.00am, 6.00pm**

**8.00pm: Neocatechumenal Mass**

**Sunday: 8.30am Latin Mass**

**Sunday: 10:00am and 6:00pm**

**When attending Mass you are strongly encouraged to maintain physical distancing where possible and not to attend Mass if you are feeling in any way unwell.**

**Any person aged 16 or over visiting the church and/or attending Mass must complete the mandatory Covid-19 contact register.**

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Good Shepherd Catholic Primary School Kelmscott  
15 Arbuthnot St Kelmscott WA 6111  
9496 9200  
[admin@gsk.wa.edu.au](mailto:admin@gsk.wa.edu.au)

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