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Newsletter 03 Term 1 Week 5

1 March 2023

Dear Parents and Caregivers,

Thank you to all staff and parents who supported the children to build their swimming skills. It certainly does add another variable to the fortnight for primary school aged children and the tiredness factor definitely appears as the week progresses. It has been very obvious to see the progress in the children, which will be on display this Friday so please come and join us if you are able to.

For those families who did not attend the carnival last year, just turn into the St Brigid's campus off the roundabout on Lesmurdie Road, park in the main carpark and walk in a westerly direction towards the Sr Mary Rose swimming pool. We have coincided our carnival with the boarders long weekend so apart from the college staff, we will have the facility to ourselves.

GSK School Swimming Carnival

Date - Friday, 3 March

Venue – St Brigid's College, Lesmurdie

Time – Years 1 and 2 9:30am – 10:30am and Years 3-6
11am – 2pm

P&F Update

Enormous thanks to all parents who attended the P&F Meeting last Wednesday evening. It was great to see so many parents, we had a group of 20 adults sitting around the staffroom table contributing to the 2023 calendar of events, which also led into a discussion about some thoughts on what the P&F monies could contribute towards in 2023.

Welcome Back Event

Our social gathering last Friday evening was well attended, there was a very relaxed atmosphere on the school oval as the sun set on week 4 of the 2023 school year. We complemented our own sports equipment with a large trailer of different child friendly activities for the children provided by Creative Play. I would like to extend my thanks to the Richards family for providing the trailer and Michael McDade for picking the equipment up in Port Kennedy and Louis Henry for returning the equipment, it was very much appreciated.

Positions filled include:

President – TBC

Vice President – TBC

Secretary – April Hunter

Treasurer – Stephanie Kingston

P&F Committee – Mary Black, Carol Earley, Samantha Anton and Sue Deckert

Class Representatives:

Kindy – Fiona Daly and Hollie Johnson

Pre-Primary – Gemma Chapman and Rochelle Hall

Year 1 – Leonie Handgraaf and Nicola Teicher

Year 2 – Vicky Hassall and Kelsey Roe

Year 3 – Kylie Richards and Christine Kohler

Year 4 – Danica Smith

Year 5 – Arti Pandya

Year 6 – Louise Hyland

The following events have been planned at our first meeting, setting up our plan for 2023.

Mother's Day Stall – coordinated by Year 5 on Wednesday, 10 May (Week 3, Term 2)

Interschool Cross Country Carnival Food Stall – coordinated by Year 1 on Friday, May 12 (Week 3, Term 2)

Book Swap – coordinated by Kindy on Wednesday, 28 June (Week 10, Term 2)

Father's Day Stall – coordinated by Year 2 on Friday, 1 September (Week 7, Term 3)

School Athletics Year Six Cake Stall – coordinated by Year 6 on Friday, 8 September (Week 8, Term 3)

School Disco – coordinated by Year 3 on Friday, 22 September (Last Day of Term, Week 10, Term 3)

Colour Run – coordinated by Year 1 on Friday, 20 October (Week 2, Term 4)

Dads of GSK Camp Out - coordinated by Dads of GSK on Saturday, 4 November (Week 4, Term 4)

Speaking of the Dads of GSK, planning for the 4 events for the year is well underway with some details below:

- Term 1 - Lawn Bowls and BBQ- Week 9 - 30 March
- Term 2 – Suggesting a Lego & Pizza night – Date TBC
- Term 3 – Planning a Dad's get together over a meal at Last Drop Elizabethan - Date TBC
- Term 4 - School camp at oval- 4 November (TBC)

If any dads or father figures would like to bring their children along to the Lawn Bowls and BBQ evening, please let Dylan Teicher know via the WhatsApp group

or send me an email and I can pass your name and numbers onto Dylan: Paul.Hansen@cewa.edu.au . The plan is for the bowling to take place between 5:30pm and 7pm before enjoying a BBQ afterwards. More details to follow.

There are limited spots available so please move quickly to secure your spot.

Winter Sport Registrations

It is that time of the year when parents have the opportunity to register for their children to play a sport over the winter season. I would encourage parents to consider providing this experience for their child/ren. There is a financial commitment, and also a time commitment but some of the potential benefits include:

- Developing self-discipline, focus and the benefits of being part of a team.
- Learn how to take care of their body and correctly fuel their body for success.
- Learn to be gracious in defeat and humble in success.
- Deal with disappointment but return each week to give it their best shot.
- Making and accomplishing goals.

- Learning to be proud of small achievements and work towards long term goals.
- Develop potential life-long friendships.
- Spend more time outside instead of in front of a screen.
- Learning the importance of time management and balance in life.

GSK Netball Club Registration

Please see some information from the netball club president, Rachel Cutri:

GSK Netball Club are seeking players from YEAR 2 - YEAR 6.

Training will be Thursdays 3.15pm - 4.30pm on school grounds.

Games played Saturday (times to be advised) commencing Saturday, 29 April and the season finishes on Saturday, 26 August.

Please come down to the GSK COURTS on THURSDAY, 2 March to register or contact myself if you are unable to attend but your child is wanting to play.

If you would like more information or your child may be interested please contact myself directly on 0400 230 913

Rachel Cutri, GSK PRESIDENT

Sacramental Information Evening

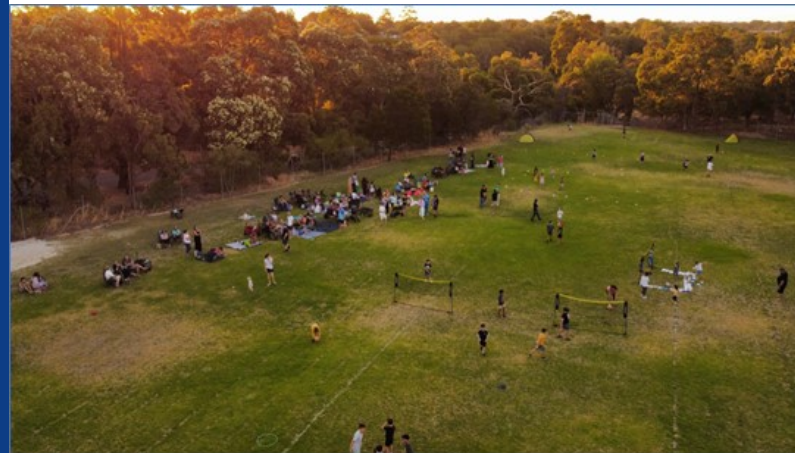
All parents of sacramental candidates from Years 3, 4 and 6 are invited to a meeting in Ward House on Wednesday, 8 March at 6pm. It is a very important part of the sacramental preparation process for your child as they journey through a significant milestone in their liturgical life. The meeting is specifically designed for parents so if the children can remain at home it would be appreciated, to ensure the parents can focus on the information shared at the meeting.

Enjoy your long weekend!

Best wishes for the coming fortnight.

Paul Hansen - Principal

WELCOME BACK PICNIC



Curriculum News - NAPLAN Years 3 & 5

The National Assessment Program in Literacy and Numeracy (NAPLAN) will be conducted from Wednesday, 15 March to Monday, 27 March for children in Years 3 & 5. An information letter explaining NAPLAN has been sent out to parents of each cohort. Parents of Years 3 and 5 are asked to keep appointments or other reasons for absenteeism during the assessment period to a minimum.

NAPLAN is a form of assessment; with information used to inform future teaching practices for our staff. Our children are well versed in assessment processes; NAPLAN will just be another part of their school day.

Please contact Mrs Marsden (Assistant Principal) with queries, questions and comments.

CALENDAR OF EVENTS

Thursday, 2 March - Year 2 Liturgy 9.00am

Friday, 3 March - School Swimming Carnival - St Brigid's College

Monday, 6 March - Public Holiday - no school

Wednesday, 8 March - Sacramental Information Evening - Ward House 6pm

Thursday, 9 March - Year 5 Reconciliation 9am

Friday, 10 March - Selected Years 5 & 6 Cricket Carnival

Saturday & Sunday 11 & 12 March - Commitment Masses Sat 6pm & Sun 10am & 6pm / Commissioning Mass Sun 10am

Wednesday, 15 March - NAPLAN begins for Years 3 & 5

Thursday, 16 March - Year 6 Reconciliation 9am

Friday, 17 March - Year 3 Assembly 2pm

[Click for the Current Term Calendar](#)



[Term 1 2023 Canteen Roster](#)

Canteen Menu

CANTEEN

**THE CANTEEN WILL BE CLOSED ON FRIDAY, 3 MARCH
2023**

Thank you to all the parent volunteers who help in
the canteen. Your support is greatly appreciated.

Wendy, Canteen Manager

Order Canteen Here

SCIENCE

WANTED FOR SCIENCE to store Worm Tea

Empty 2 litre plastic bottles with lids (milk, juice or soft
drink).

Please place them in the tub outside the STEM room.



First Week of Lent (Week beginning Monday 27th February)

We begin our annual Lenten Project Compassion journey by learning about Laxmi, a 16-year-old girl living in Jajarkot, a remote district in Nepal where almost half of the population live below the poverty line. Tragedy struck when Laxmi was 10 years old and her father passed away. Her father worked hard to pay for his children's education and, after losing him, Laxmi was at risk of falling further into extreme poverty.

With the support of our partner Caritas Nepal, Laxmi joined a child's club at her school where she was encouraged to resume her education. Through the child's club, Laxmi developed the skills and confidence to become a leader, advocating for clean water taps at her school.

Laxmi is now excelling in her studies and working towards her dream of becoming a civil engineer. She continues to be involved in the child's club, serving as an advisor and mentoring the next generation of young leaders at her old school.

Watch a short film about Laxmi's story [here](#).

Please support Project Compassion:
www.caritas.org.au/project-compassion.



Photo: Richard Wainwright/Caritas Australia

Enrolments 2024

If you are seeking a place for your child in Kindergarten 2024 or know someone that would be interested in sending their child to GSK, please contact the office for an enrolment pack or consult our website.

Families with siblings are also required to submit an enrolment form.

Enrolments in other Year groups are also available

Your child's journey starts HERE



Camp Australia - Before and After School Care

Bookings for Your OSHC program are open.

Registration is **free** for all families. We recommend that all families register so if you ever need or want to attend, all you need to do is book your session as we'll already have all the documentation we need from you.

You simply have to login and register through our [Parent Portal](#), also available as a smartphone app, and start booking.

Upcoming Incursion

Uniform Shop 2023

Opening Hours

Monday afternoon 2.00 - 3.00pm

Friday morning 8.00 - 9.00am

[Click here for the Uniform Policy](#)

School Fees

Tuition Fee Statements will be sent home with students on Friday, 17 February.

Payment Option Forms should be returned to the office as soon as possible.

**Please direct any enquiries to the accounts email:
accounts@gsk.wa.edu.au**

Jenny Marion-Clark - Accounts Officer



The Important Role of Father Figures and Male Role Models

A father figure can be any positive male role model in a child's life. They can be sports coaches, teachers, uncles, grandparents or even your child's friend's dad

Your child's self-image or self-identity refers to their mental image of themselves, of who they are as individuals, socially and more globally.

A sense of image or identity can be shaped by personal experiences, interaction with you and others, the local environment, and their own unique personality.

Self-image has a lot to do with self-esteem because how your child **sees themselves** is a big contributing factor to how they **feel about themselves**.

Whether your child is young, or heading into their tween or teen years, making a conscious effort to be aware of how you engage with your child and the impact on their self-esteem and self-image is important.

Top Tips

1. Accept your child for who they are. Regardless of how different your child may be compared to you, it's crucial to let them know you love and value them as they are.

2. Pay attention to and listen to your child. This tells children they are important and valued and that it is safe to express feelings and opinions.

3. Give them genuine compliments. Show them that you notice more than their appearance or their performance. Focus on a range of qualities – their positive choices, creativity, or their ability to act as a good friend.

[Men of GSK - Fathering Project Page](#)

Lumen Christi College - Instrumental Program

For information and enrolment, please click on the button below

[Lumen Christi Instrumental Program](#)

Community News

Armada Fitness & Aquatic Centre - [Swim School](#)

St Brigid's College - [Scholarships 2024](#)

Roleystone Junior Football Club - [Girls Registration](#)

Mercedes College - [Open Day](#)

Catholic School Parents WA - [Newsletter](#)



Good Shepherd Catholic Parish Kelmscott - Fr Pavol Herda

Parish Website: www.goodshepherdkelmscott.com

Phone: 9495 1489 (Office Wed-Fri) Presbytery: 9495 1240

Masses at our Parish Church

Weekday Masses: Mon-Wed & Friday 8am, Thursday: 6.30pm

Saturday: 8.00am, 6.00pm

8.00pm: Neocatechumenal Mass

Sunday: 8.30am Latin Mass

Sunday: 10:00am and 6:00pm

When attending Mass you are strongly encouraged to maintain physical distancing where possible and not to attend Mass if you are feeling in any way unwell.

[Click here for the Latest Bulletin](#)

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